

### Einzelwettkampf am 16.05.2010

#### Ergebnisliste - Männer

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Klasse	Swim		Bike		Run		Endzeit	
1	59	Will, Konstantin	Tri-flow Bad Endbach	88	M20	1	4:23	1	36:03	3	12:54	1	53:20
2	64	Bennerscheid, Lars	Bad Homburger SC	75	M30	1	4:28	3	35:59	2	14:45	9	55:12
3	45	Gürsch, Karsten	TeamNaunheim	73	M30	2	6:29	40	35:49	1	13:45	3	56:03
4	60	Zuther, Torsten	Milan Race-Team Herborn	68	M40	1	4:37	4	37:56	6	15:10	15	57:43
5	42	Bietz, Fabian	TeamNaunheim	75	M30	3	5:48	21	38:38	7	13:42	2	58:08
6	57	Staidl, Gerhard	ASC Ströher Dillenburg	58	M50	1	6:49	47	37:30	5	14:14	4	58:33
7	52	Raff, Matthias	TeamNaunheim	82	M20	2	6:18	34	36:32	4	16:14	24	59:04
8	43	Dillmann, Torsten	Triathlon-Equipe-Elz	67	M40	2	5:13	11	39:50	9	14:20	5	59:23
9	50	Merz, Torsten	DBL-Team RSG Montabau	77	M30	4	4:52	6	39:45	8	14:51	10	59:28
10	66	Buckard, Torsten	ASC Ströher Dillenburg	66	M40	3	5:28	16	40:35	10	14:20	5	1:00:23
11	126	Enenkel, Dirk	Tri-flow Bad Endbach	69	M40	4	5:15	12	40:41	12	15:11	16	1:01:07
12	83	Eichert, Mario		73	M30	5	5:40	19	40:38	11	15:05	13	1:01:23
13	96	Müller, Klaus	TSV 03 Wolfskehlen	58	M50	2	5:05	7	41:41	17	15:20	17	1:02:06
14	49	Marksteiner, Sven	Triathlon-Equipe-Elz	73	M30	6	6:21	36	40:53	14	15:00	12	1:02:14
15	117	Weiß, Maximilian	LTC Dietzhöhlztal	89	M20	3	6:20	35	41:34	16	14:26	7	1:02:20
16	72	Theis, Thomas	Tuspo Hörbach	64	M40	5	7:21	59	41:25	15	14:43	8	1:03:29
17	31	Richter, Jörg		65	M40	6	5:51	24	40:44	13	17:01	29	1:03:36
18	62	Baake, Jeremias	Sportkreis 13	88	M20	4	6:01	27	42:19	18	16:14	24	1:04:34
19	65	Berghäuser, Stefan	TeamNaunheim	64	M40	7	6:42	44	42:19	18	15:45	20	1:04:46
20	107	Rudolph, Heiko	DLRG Wetzlar	62	M40	8	6:08	29	43:56	28	14:51	10	1:04:55
21	86	Flecks, Micky	WSC Goldener Grund	61	M40	9	5:27	15	43:33	24	15:59	21	1:04:59
22	118	Wolf, Achim	LSC Kördorf	67	M40	10	6:49	47	42:44	22	15:42	19	1:05:15
23	77	Rahner, Nils	Triathlon-Equipe-Elz	79	M30	7	5:34	17	42:35	20	17:17	39	1:05:26
23	36	Sprick, Christoph	Lahnländer	64	M40	11	5:22	14	43:48	27	16:16	26	1:05:26
25	55	Schmitt, Holger	TeamNaunheim	68	M40	12	6:17	33	42:41	21	17:06	34	1:06:04
26	87	Giegerich, Christoph		82	M20	5	6:00	26	42:47	23	17:25	44	1:06:12
27	67	Burbach, Markus	LC Olympia Wiesbaden	69	M40	13	5:53	25	43:36	25	17:05	33	1:06:34
28	79	Walter, Jens	ASC Ströher Dillenburg	65	M40	14	5:16	13	43:41	26	17:42	46	1:06:39
29	38	Stamer, Jan	DLRG Wetzlar	68	M40	15	4:26	2	45:26	31	17:02	30	1:06:54
30	75	Klein, Hubertus	Wäller TRC	64	M40	16	7:22	60	45:01	29	15:36	18	1:07:59
31	73	Funk, Holger	TV Runkel	65	M40	17	7:09	55	46:38	32	16:05	22	1:09:52
32	105	Reichel, Bernd		65	M40	18	4:49	5	45:03	30	20:18	69	1:10:10
33	34	Schappel, Jochen	DLRG Wetzlar	66	M40	19	5:37	18	47:13	35	17:21	42	1:10:11
34	6	Balß, Peter	DLRG Wetzlar	58	M50	3	7:47	67	47:46	41	15:09	14	1:10:42
35	58	Steen, Uwe	TeamNaunheim	72	M30	8	6:37	42	47:59	42	16:12	23	1:10:48
36	99	Plumm, Jürgen	Running Team Wetzlar Do	62	M40	20	7:02	52	47:14	37	17:09	38	1:11:25
37	123	Happel, Björn	STC Hommertshausen	76	M30	9	5:44	20	46:44	33	18:58	55	1:11:26
38	18	Damm, Hans-Jörg	Sport&Gesund Schöffengr	59	M50	4	6:27	39	47:16	38	17:51	49	1:11:34
39	56	Schwender, Jonas	Triathlon-Equipe-Elz	94	MJ	1	6:43	46	47:22	39	17:38	45	1:11:43
40	119	Wolf, Christoph		69	M40	21	6:14	31	48:12	43	17:19	40	1:11:45
41	15	Fall, Kay		91	MJ	2	7:10	56	48:46	45	16:17	27	1:12:13
42	108	Schäfer, Hans-Peter	Studio Maximum Therapie	60	M50	5	6:11	30	48:55	47	17:24	43	1:12:30
43	115	Wagner, Viktor		72	M30	10	6:06	28	47:13	35	19:17	61	1:12:36
44	82	Claas, Alexander		90	M20	6	5:11	10	50:25	51	17:02	30	1:12:38
45	78	Schorn, Michael	Triathlon-Equipe-Elz	59	M50	6	5:10	9	50:30	52	17:02	30	1:12:42
46	81	Baitinger, Viktor		72	M30	11	7:08	54	48:30	44	17:08	37	1:12:46
47	93	Meyer, Florian		80	M30	12	6:16	32	48:51	46	17:50	48	1:12:57
48	106	Reips, Ronny		87	M20	7	7:40	66	46:56	34	19:03	56	1:13:39
49	95	Moos, Fabian	LTC Dietzhöhlztal	89	M20	8	7:06	53	49:57	49	17:20	41	1:14:23
50	132	Wagner, Uwe	EWSV	63	M40	22	5:05	7	51:09	54	19:12	59	1:15:26
51	109	Schmitt, Jörg	Feuerwehr	68	M40	23	7:27	63	47:37	40	20:45	71	1:15:49
52	122	Heuser, Andreas	LT Beilstein	63	M40	24	6:53	50	51:19	55	17:43	47	1:15:55
53	116	Weil, Volker	RSV Oppershofen	79	M30	13	9:07	74	49:17	48	18:31	51	1:16:55
54	44	Ferber, Klaus	TeamNaunheim	61	M40	25	6:40	43	53:17	63	17:07	35	1:17:04
55	11	Moch, Markus	FSV Braunfels AH	68	M40	26	7:26	62	51:02	53	18:44	53	1:17:12
56	97	Ossau, Joachim		67	M40	27	5:49	23	52:17	60	19:12	59	1:17:18
57	127	Karsch, Stefan		75	M30	14	5:48	21	51:28	57	20:06	67	1:17:22
58	8	Nahm, Wolfgang	TV Jahn Hermannstein	50	M60	1	8:07	70	50:09	50	19:09	57	1:17:25
59	68	Claus, Michael	CWK-Team	63	M40	28	6:21	36	54:23	67	17:07	35	1:17:51
60	124	Möbius, Thomas	Braunfels	59	M50	7	6:32	41	51:23	56	20:05	66	1:18:00

**Einzelwettkampf am 16.05.2010**
**Ergebnisliste - Männer**

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Klasse	Swim		Bike		Run		Endzeit
61	84	Endner, Ulrich		67	M40 29	7:36	64	53:29	64	16:59	28	1:18:04
62	3	Sarges, Christian	EWSV	58	M50 8	6:25	38	52:37	61	19:10	58	1:18:12
63	9	Möller, Paul	TV Jahn Hermannstein	49	M60 2	7:13	57	51:55	58	19:36	64	1:18:44
64	114	Friedrich, Ralf	Skiclub Nizza	71	M30 15	6:42	44	52:10	59	19:59	65	1:18:51
65	13	Löhr, Wolfgang	SV 1920 Altenkirchen	53	M50 9	8:39	71	54:02	65	18:39	52	1:21:20
66	140	Nies, Oliver	Aßlar	80	M30 16	9:16	75	54:40	68	19:18	62	1:23:14
67	54	Scheid, Torsten	Triathlon-Equipe-Elz	67	M40 30	10:15	77	54:04	66	19:19	63	1:23:38
68	4	Quilitzsch, Oliver		63	M40 31	8:03	69	55:04	69	20:58	72	1:24:05
69	92	Logies, Günther	Rothläufer LC	58	M50 10	6:51	49	59:01	73	18:15	50	1:24:07
70	33	Sandmann, Lukas	TV Braunfels	94	MJ 3	6:58	51	55:22	70	21:58	73	1:24:18
71	63	Bennerscheid, Günther	RV-Anspach	50	M60 3	7:53	68	53:16	62	24:31	77	1:25:40
72	71	Frank, Wolfgang	Wäller TRC	54	M50 11	10:28	78	56:04	72	20:36	70	1:27:08
73	91	Lämmle, Christof		66	M40 32	8:45	72	1:00:08	74	18:52	54	1:27:45
74	125	Kleist, David		91	MJ 4	7:38	65	1:00:14	75	20:10	68	1:28:02
75	100	Radu, Matthias	TSV Weilmünster	64	M40 33	10:12	76	55:27	71	24:17	76	1:29:56
76	89	Karlson, Thomas	CWK-Team	63	M40 34	7:23	61	1:01:07	76	22:21	74	1:30:51
77	1	Schwarz, Manfred	EWSV	56	M50 12	7:14	58	1:04:29	78	22:27	75	1:34:10
78	120	Dämon, Arno		62	M40 35	8:59	73	1:01:43	77	26:29	78	1:37:11

**Einzelwettkampf am 16.05.2010**
**Ergebnisliste - Frauen**

Rng	Snr	Name, Vorname	Verein/Ort	Jg	Klasse	Swim		Bike		Run		Endzeit
1	27	Grüner, Olivia		69	W40 1	8:01	16	44:27	1	15:17	1	1:07:45
2	24	Dülfer, Annette	RVW Gambach	85	W20 1	6:54	11	45:53	2	18:57	9	1:11:44
3	28	Heller, Sylvia	RSV Oppershofen	83	W20 2	7:03	13	46:19	3	18:28	6	1:11:50
4	30	Martin, Susanne	Lahnländer	73	W30 1	6:43	10	47:21	4	18:02	4	1:12:06
5	26	Grosch, Frauke	TSV Krofdorf-Gleiberg	79	W30 2	5:48	2	48:29	5	18:29	7	1:12:46
6	37	Stähler, Alexandra	Triathlon-Equipe-Elz	82	W20 3	6:15	3	49:43	6	17:58	3	1:13:56
7	32	Rumpf, Jasmin	Wäller TRC	80	W30 3	6:20	5	52:30	7	18:10	5	1:17:00
8	22	Claus-Weiher, Daniela	CWK-Team	70	W40 2	6:18	4	54:58	9	17:54	2	1:19:10
9	7	Mühlich, Birgit		61	W40 3	6:39	9	53:41	8	19:38	10	1:19:58
10	2	Schwarz, Alexandra	EWSV	91	WJ 1	5:09	1	57:25	11	20:01	12	1:22:35
11	29	Logies, Nicole	Rothläufer LC	66	W40 4	6:36	7	57:23	10	18:47	8	1:22:46
12	40	Weiher-Karlson, Petra	CWK-Team	65	W40 5	6:34	6	59:09	12	19:57	11	1:25:40
13	25	Glock, Anja		73	W30 4	6:56	12	1:00:20	13	21:07	13	1:28:23
14	21	Bauer, Svenja		85	W20 4	6:37	8	1:01:24	14	21:23	14	1:29:24
15	16	Ebert, Michele		92	WJ 2	7:03	13	1:03:04	15	23:03	15	1:33:10
16	14	Janitza, Susanne		61	W40 6	7:19	15	1:15:14	16	28:09	16	1:50:42